

FULL-SUITE PREMIUM RECOVERY STUDIO IN COASTAL ADELAIDE, SA BFB4726

Price	Expressions of Interest
Property Type	Business
Property ID	4726

Agent Details

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WHERE RECOVERY MEETS REPUTATION – A 5-STAR WELLNESS BUSINESS READY FOR ITS NEXT CHAPTER

A thriving recovery and wellness studio is on the market in one of Adelaide's most sought-after neighbourhoods — a short stroll from the bustling café strip and just minutes by tram from the CBD. Operating from a fully fitted-out 132sqm space, this business delivers a comprehensive range of evidence-based recovery treatments, including whole-body and localised cryotherapy, private infrared saunas, floatation therapy, red light therapy, compression therapy, , and cryotherapy facials. With memberships, bundled packages, and corporate/group wellness bookings driving steady demand seven days a week, this is a business built for longevity, not just novelty.

Behind the numbers is a reputation money can't buy: a 5.0-star rating across more than 1,000 reviews on its booking platform, matched by a perfect 5.0-star Google rating. Clients consistently rave about the immaculate facility, the warmth and professionalism of the team, and the sheer breadth of services available in one location. A skilled team of 3 dedicated technicians and front-of-house staff keep the studio running smoothly day to day — a genuine, established operation ready for its next chapter.

- Prime bayside address in one of Adelaide's premier tourist and residential precincts
- Diversified service menu spanning cryotherapy, infrared sauna, floatation, red light therapy, and compression therapy
- Five-star reputation with a 5.0 rating across 1,000+ reviews on its booking platform and Google
- Established team of 3 dedicated technicians and front-of-house staff

- Recurring revenue base built on memberships, treatment bundles, and corporate/group bookings
- Secure 132sqm fitted-out premises with a further lease renewal option
- Riding strong industry tailwinds, with the global recovery and wellness market experiencing sustained growth
- Turnkey operation with an active client base and established systems ready for immediate handover

This is a rare chance to step into a beloved, five-star-rated wellness brand without the years of grind it takes to build one from the ground up. With a prime location, a loyal client base, a capable team already in place, and a service offering perfectly positioned to ride the wellness industry's continued growth, this business is ready-made for an owner who wants to hit the ground running — not start from scratch.

Should you be interested and wish to receive further information, please complete the online Confidentiality Deed and a fully comprehensive Business Profile will be made available to you. To discuss this or other fitness and health opportunities in South Australia state, please contact Cameron Prosser on 0483 960 232 or cameron@bfbrokers.com.

Business & Franchise Brokers brings years of experience in the sale of Health and Fitness businesses and have represented a number of independent and major brands such as Jetts Fitness, ACTV Strength Co, Anytime Fitness, Snap Fitness, Plus Fitness, UBX, Air Locker Training, Fernwood Fitness, World Gym, Flow ST8; FS8 & F45 Training, KX Pilates, just to name a few, plus your independent 24/7 training venues, boxing studios, PT studios, swim centres and many more.

*NB: *The business images shown are for illustration purposes only and may not be an exact representation of the business.*

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