

UNDER MANAGEMENT 24/7 GYM & MARTIAL ARTS FACILITY (NORTH MELBOURNE) BFB4453

PROFITABLE. PASSIVE. PROVEN.

This is a rare opportunity to acquire a long-established, multi-discipline fitness facility in Melbourne's north — one of the city's fastest-growing and most in-demand corridors. Founded in 2018, the business has built a strong and loyal membership base by delivering a diverse range of services under one roof, including a full commercial gym, reformer Pilates, martial arts, saunas, and a wide variety of classes. Operating around the clock with 24/7 member access, the facility competes confidently against boutique studios and major franchise operators alike, carving out a distinctive position in the local market.

This is not just a gym — it's a genuinely passive, income-generating asset. The business runs completely under management, with a professional team in place and minimal hours required from the owner. The majority of members are on recurring direct debit, delivering consistent and predictable cash flow month after month. Whether you're a first-time business buyer, a seasoned investor, or an operator looking to expand your portfolio, this is a turnkey opportunity that is profitable, stable, and primed for growth.

- Established in 2018, with over 7 years of trading history in Melbourne's north
- Substantial 1,500 sqm premises across 2 floors, including 4 toilets, 6 showers, and 2 private offices
- 24/7 member access, maximising utilisation and revenue potential around the clock
- Approximately 700 active members with most on recurring direct debit, providing strong and predictable cash flow
- Diverse service offering spanning a full commercial gym, reformer Pilates, martial arts, saunas, and physiotherapy services

Price	Expressions of Interest
Property Type	Business
Property ID	4453

Agent Details

Benjamin Owens - 0483 968 232
Cameron Prosser - 0483 960 232
BF Brokers HQ - 0388235400

Office Details

BF Brokers Victoria
Tooronga Village Suite 2.03, 1 Crescent Road Glen Iris VIC 3146 Australia
03 8823 5400

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Committed to Service and Integrity

- Wide range of classes including strength & conditioning, Hyrox, Muay Thai, karate, BJJ, and more
- Fully staffed with a Senior Manager, Assistant Manager, casual desk staff, subcontractors and trainers
- Completely under management with minimal hours required from the owner

Opportunities like this don't come around often. A well-loved, well-run fitness business with real numbers, real staff, and real systems — already humming along without you. Whether you're looking to step into a business that works from day one or add a high-performing asset to your portfolio, this is the one to move on. Enquire today before this opportunity passes you by.

Should you be interested and wish to receive further information, please complete the online Confidentiality Deed and a fully comprehensive Business Profile will be made available to you. To discuss this or other fitness and health opportunities in Victoria state, please contact Benjamin Owens on 0483 968 232 or ben@bfbrokers.com.

Business & Franchise Brokers brings years of experience in the sale of Health and Fitness businesses and have represented a number of independent and major brands such as Jetts Fitness, ACTV Strength Co, Anytime Fitness, Snap Fitness, Plus Fitness, UBX, Air Locker Training, Fernwood Fitness, World Gym, Flow ST8; FS8 & F45 Training, KX Pilates, just to name a few, plus your independent 24/7 training venues, boxing studios, PT studios, swim centres and many more.

*NB: *The business images shown are for illustration purposes only and may not be an exact representation of the business.*

The above information provided has been furnished to us by the vendor/s. We have not verified whether or not that information is accurate and do not have any belief in one way or the other in its accuracy. We do not accept any responsibility to any person for its accuracy and do no more than pass it on. All interested parties should make and rely upon their own inquiries in order to determine whether or not this information is in fact accurate.