

Just Listed



THRIVING FUNCTIONAL TRAINING STUDIO

Central-South Gold Coast, QLD

QLD



THRIVING FUNCTIONAL TRAINING STUDIO (CENTRAL-SOUTH GOLD COAST) BFB4223

ESTABLISHED BRAND POSITIONING WITH LOYAL, LONG-TERM MEMBERS | READY-MADE BOUTIQUE STUDIO

This boutique functional group training studio in a sought-after Gold Coast location is designed for everyday people—especially busy parents and working professionals—who want real results without living in the gym. Members enjoy structured 45-minute strength and conditioning sessions with a strong focus on functional movement, quality coaching and a supportive, down-to-earth community that keeps them coming back.

- Established in 2019 with a solid local reputation
- Approx. 250sqm facility with office and end-of-trip amenities
- 2 studios currently sublet, covering the majority of lease costs
- Around 50 active members, with clear potential to grow the membership base
- Proven group functional training model focused on strength, movement quality and real-life performance
- Training and handover provided by the current owner to support a smooth transition
- Flexible membership options to cater for different training needs and schedules
- Strong community culture and positive online presence across website and social platforms

For buyers seeking an established, community-driven fitness business on the Gold Coast, this studio presents an appealing turnkey opportunity. With rent largely offset by subletting, a loyal membership base and proven programming already in place, a new owner can step straight in and focus on growing membership, strengthening local partnerships and building on an already well-positioned boutique

Price	\$140,000
Property Type	Business
Property ID	4223

Agent Details

Brenton Rickard - 0483 969 232
Cameron Prosser - 0483 960 232
BF Brokers HQ - 0388235400

Office Details

BF Brokers QLD
76-84 Brunswick St Fortitude
Valley, QLD, 4006 Australia
03 8823 5400



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Should you be interested and wish to receive further information, please complete the online Confidentiality Deed and a fully comprehensive Business Profile will be made available to you. To discuss this or other fitness and health opportunities in Queensland state, please contact Brenton Rickard on brenton@bfbrokers.com or 0483 969 232.

Business & Franchise Brokers brings years of experience in the sale of Health and Fitness businesses and have represented a number of independent and major brands such as Jetts Fitness, ACTV Strength Co, Anytime Fitness, Snap Fitness, Plus Fitness, UBX, Air Locker Training, Fernwood Fitness, World Gym, Flow ST8; FS8 & F45 Training, KX Pilates, just to name a few, plus your independent 24/7 training venues, boxing studios, PT studios, swim centres and many more.

*NB: *The business images shown are for illustration purposes only and may not be an exact representation of the business.*

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