

Just Listed



# THRIVING WELLNESS FRANCHISE OPPORTUNITY

South-East Melbourne, VIC

VIC



THRIVING WELLNESS FRANCHISE OPPORTUNITY (SOUTH-EAST MELBOURNE) BFB4057

**PRIME INNER-CITY LOCATION | FULLY EQUIPPED STUDIO WITH LOYAL MEMBER BASE**

This is a fantastic chance for you to own a high-performing Recovery Lab franchise, part of a leading national brand specialising in modern wellness and physical recovery. Situated in Melbourne's sought-after south-eastern suburbs, this studio sits within a vibrant precinct known for health, lifestyle, and strong foot traffic. The studio includes three treatment rooms that are fitted with state-of-the-art recovery equipment. Services offered include infrared saunas, contrast therapy, ice baths, guided relaxation technology, compression therapy, and muscle stimulation systems.

The business currently maintains a stable membership base on tiered weekly plans and is supported by a professional team. With minor cosmetic updates, there's further opportunity to modernise and grow. The current owner provides handover training, while the franchisor offers comprehensive initial training and ongoing support in operations and marketing.

- Established Recovery Lab franchise – operating since 2018
- Located in a thriving wellness hub in Melbourne's south-east
- 125 sqm studio with 3 treatment rooms, private amenities, and premium recovery equipment
- Professional team in place to support day-to-day operations
- Active and recurring member base on flexible tiered weekly plans
- Offers a full suite of recovery services: sauna, ice bath, relaxation therapy, muscle recovery tools, and more
- One-week training from current owner, plus full initial and ongoing franchisor support

This is a rare opportunity to acquire a fully operational, cashflow-positive wellness studio in one of Melbourne's most desirable areas.

Price

Expressions of  
Interest

Property  
Type

Business

Property ID 4057

## Agent Details

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**BF BROKERS**

Committed to Service and Integrity

With strong franchise backing and growing demand for recovery services, it's the ideal investment for an owner-operator or investor seeking a foothold in the health and wellness sector.

Should you be interested and wish to receive further information, please complete the online Confidentiality Deed and a fully comprehensive Business Profile will be made available to you. To discuss this or other business opportunities in Victoria state, please contact Rori Kokken on 0483 077 232 or [rori@bfbrokers.com](mailto:rori@bfbrokers.com).

*Business & Franchise Brokers brings years of experience in the sale of Health and Fitness businesses and have represented a number of independent and major brands such as Jetts Fitness, ACTV Strength Co, Anytime Fitness, Snap Fitness, Plus Fitness, UBX, Air Locker Training, Fernwood Fitness, World Gym, Flow ST8; FS8 & F45 Training, KX Pilates, just to name a few, plus your independent 24/7 training venues, boxing studios, PT studios, swim centres and many more.*

*NB: \*The business images shown are for illustration purposes only and may not be an exact representation of the business.*

*The above information provided has been furnished to us by the vendor/s. We have not verified whether or not that information is accurate and do not have any belief in one way or the other in its accuracy. We do not accept any responsibility to any person for its accuracy and do no more than pass it on. All interested parties should make and rely upon their own inquiries in order to determine whether or not this information is in fact accurate.*