



COMMUNITY-LOVED FITSTOP STUDIO

 Southern Sydney, NSW

NSW

COMMUNITY-LOVED FITSTOP STUDIO FOR SALE (SOUTHERN SYDNEY, NSW) BFB3966

HIGH EXPOSURE, CENTRAL LOCATION | STRONG FOUNDATIONS | LOYAL MEMBERS

This Fitstop studio is a well-established functional fitness business operating from a spacious premises in Sydney's southern outskirts. The studio benefits from dual access, high visibility, and strong passing foot traffic along a busy local strip, making it an easily recognised fixture in the community. Since opening, the business has built a loyal and engaged membership base, underpinned by the globally recognised Fitstop functional training model of Lift, Perform, Condition, and Sweat.

This is a business deeply woven into the fabric of its local community, with strong ties to nearby schools and sporting clubs that provide diversified, contracted revenue outside of standard memberships. Supported by a capable coaching team and consistent class programming, the studio has built genuine momentum and a healthy trajectory of membership growth, positioning it as an attractive turnkey opportunity for an incoming owner-operator looking to take over a proven, community-loved fitness business.

- Established in 2024 and already trading with a loyal, engaged membership base
- Positioned in a 247m² premises with dual access, 4 parking bays, 5 toilets, and 2 showers
- A strong, growing membership base with numbers trending upward
- Runs 35 classes per week across a well-established timetable
- Backed by a team of coaches, who also handle membership/CRM admin and social media and marketing
- Contracted revenue in place through local school and sporting club partnerships

Price \$65,000 - All Offers Considered

Property Type Business

Property ID 3966

Agent Details

Elliott Skeoch - 0483 967 232
Cameron Prosser - 0483 960 232

Office Details

BF Brokers NSW
Level 6 Suite 601, 116 Military Rd
Neutral Bay, NSW, 2089 Australia
03 8823 5400



BF BROKERS

Committed to Service and Integrity

- Additional income generated through an active personal training offering
- Sits on solid rental and lease terms in a top-tier, high-exposure location
- Offers clear runway for an energised new owner to grow membership numbers further

This is a genuinely compelling opportunity for a motivated buyer to acquire a fitted-out, well-located fitness business with a trained team, a loyal membership base, and diversified recurring revenue already in place. With membership on an upward trajectory and a favourable lease in a standout location, it's a rare chance to step into a community-embedded, cash-flowing business with strong fundamentals and room to grow.

Should you be interested and wish to receive further information, please complete the online Confidentiality Deed and a fully comprehensive Business Profile will be made available to you. To discuss this or other fitness and health opportunities in New South Wales state, please contact Elliott Skeoch on 0483 967 232 or elliott@bfbrokers.com.

Business & Franchise Brokers brings years of experience in the sale of Health and Fitness businesses and have represented a number of independent and major brands such as Jetts Fitness, ACTV Strength Co, Anytime Fitness, Snap Fitness, Plus Fitness, UBX, Air Locker Training, Fernwood Fitness, World Gym, Flow ST8; FS8 & F45 Training, KX Pilates, just to name a few, plus your independent 24/7 training venues, boxing studios, PT studios, swim centres and many more.

*NB: *The business images shown are for illustration purposes only and may not be an exact representation of the business.*

The above information provided has been furnished to us by the vendor/s. We have not verified whether or not that information is accurate and do not have any belief in one way or the other in its accuracy. We do not accept any responsibility to any person for its accuracy and do no more than pass it on. All interested parties should make and rely upon their own inquiries in order to determine whether or not this information is in fact accurate.