

Just Listed



FUNCTIONAL TRAINING & REFORMER PILATES – CHANGE STUDIO

Gold Coast, QLD

QLD

FUNCTIONAL TRAINING & REFORMER PILATES – CHANGE STUDIO (GOLD COAST) BFB3832

PREMIUM FIT-OUT AND DESIGN | FRESH & INNOVATIVE FITNESS BRAND

An exciting opportunity awaits to own a thriving CHANGE fitness studio in a sought-after Gold Coast location. Established in 2023, this modern studio offers a powerful blend of functional group training, reformer pilates, and yoga, designed to deliver a complete health and wellness experience. With a high-end gym fit-out on the ground floor and a dedicated pilates zone upstairs, this studio is built to impress. Additional features such as a crèche, sauna, and ice bath enhance its appeal to a wide range of members.

The new owner will receive comprehensive onsite training from both the franchisor and the current owner, covering all aspects of daily operations, staff management, programming, payroll, technology, and external partnerships. With the backing of the established CHANGE franchise network, you'll step into a turnkey business with confidence and clarity from day one.

- Established in 2023 and fully equipped 304sqm, two-floor premises
- Professional group trainers
- Reformer pilates beds in an elevated studio space
- Full functional training set-up with quality equipment
- Premium wellness amenities including sauna, ice bath, and crèche
- Multiple membership tiers from \$56–\$88 per week
- Hands-on training and handover provided by the current owner
- Strong brand recognition and ongoing franchise support

This is a standout opportunity to own a purpose-built fitness studio with an active and loyal member base. Perfect for an investor or fitness professional ready to make their mark, this CHANGE® studio is ready for you to walk in and thrive.

Price	\$400,000
Property Type	Business
Property ID	3832

Agent Details

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Should you be interested and wish to receive further information, please complete the online Confidentiality Deed, and a fully comprehensive Business Profile will be made available to you. To discuss this or other fitness and health opportunities in Queensland state, please contact Brenton Rickard on 0483 969 232 or brenton@bfbrokers.com.

Business & Franchise Brokers brings years of experience in the sale of Health and Fitness businesses and have represented a number of independent and major brands such as Jetts Fitness, ACTV Strength Co, Anytime Fitness, Snap Fitness, Plus Fitness, UBX, Air Locker Training, Fernwood Fitness, World Gym, Flow ST8; FS8 & F45 Training, KX Pilates, just to name a few, plus your independent 24/7 training venues, boxing studios, PT studios, swim centres and many more.

*NB: *The business images shown are for illustration purposes only and may not be an exact representation of the business.*

The above information provided has been furnished to us by the vendor/s. We have not verified whether or not that information is accurate and do not have any belief in one way or the other in its accuracy. We do not accept any responsibility to any person for its accuracy and do no more than pass it on. All interested parties should make and rely upon their own inquiries in order to determine whether or not this information is in fact accurate.