



FRANCHISE-READY WOMEN'S FITNESS CENTRE

 Sandgate, QLD

QLD

FRANCHISE-READY WOMEN'S FITNESS STUDIO (SANDGATE, QLD) BFB3712

A TURNKEY FITNESS OPPORTUNITY WITH LOYAL MEMBERS,
EXPERIENCED STAFF, & ENDLESS GROWTH POTENTIAL

This beautifully established boutique fitness studio caters exclusively to women, offering a supportive and welcoming environment focused on health, wellness, and confidence. Since opening in 2016, the business has built a loyal community through its personalised approach to fitness, combining reformer Pilates, personal training, and group fitness sessions within a modern boutique studio setting. Positioned within the rapidly growing wellness and Pilates sector, the business benefits from increasing demand for women-focused fitness experiences that prioritise flexibility, community, and lifestyle balance.

This is an outstanding opportunity for an owner-operator, fitness professional, or investor seeking a turnkey business with strong foundations and future scalability. The studio is backed by an experienced team, established operational systems, and a loyal membership base, while also offering exciting opportunities for further growth through expanded class offerings, additional memberships, digital fitness services, or franchising expansion.

- Established boutique women-only fitness studio
- Operating successfully since 2016
- Strong recurring membership base with 110 active members
- Reformer Pilates, personal training, and group fitness services
- Experienced team of instructors and trainers in place
- Modern studio with quality facilities and amenities
- Spacious 140 sqm premises

Price	\$250,000
Property Type	Business
Property ID	3712

Agent Details

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Committed to Service and Integrity

- Operational systems & documents prepared for future franchising
- Training and transition support provided by the current owner
- Located within a rapidly growing health and wellness industry
- Significant opportunities for growth and expansion

This business delivers a strong, proven foundation with immediate operational stability, combined with clear pathways for future growth. Whether you are an investor or fitness operator, this is a standout chance to secure a well-positioned studio with a loyal community and strong long-term potential.

Should you be interested and wish to receive further information, please complete the online Confidentiality Deed and a fully comprehensive Business Profile will be made available to you. To discuss this or other fitness and health opportunities in Queensland, please contact Brenton Rickard on 0483 969 232 or brenton@bfbrokers.com.

Business & Franchise Brokers brings years of experience in the sale of Health and Fitness businesses and have represented a number of independent and major brands such as Jetts Fitness, ACTV Strength Co, Anytime Fitness, Snap Fitness, Plus Fitness, UBX, Air Locker Training, Fernwood Fitness, World Gym, Flow ST8; FS8 & F45 Training, KX Pilates, just to name a few, plus your independent 24/7 training venues, boxing studios, PT studios, swim centres and many more.

*NB: *The business images shown are for illustration purposes only and may not be an exact representation of the business.*

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