

Just Listed



PROVEN MULTI-SITE PILATES BUSINESS

Sunshine Coast, QLD

QLD



PROVEN MULTI-SITE PILATES BUSINESS FOR SALE (SUNSHINE COAST) BFB3310

THREE PREMIUM QUEENSLAND SITES | REFORMER PILATES

A rare opportunity to acquire a well-established, systemised wellness brand delivering premium reformer Pilates. Operating across three high-demand Sunshine Coast lifestyle catchments, the business blends movement and mindset to build strength, resilience and sustainable habits—underpinned by strong community engagement and smooth customer journeys.

The offering spans instructor-led reformer classes from foundations to advanced, delivered by highly qualified, experienced instructors for attentive guidance and safe progressions. A genuine walk-in, earn-from-day-one opportunity, built on streamlined systems, premium pricing and operational simplicity.

- Established in 2016; premium brand with three studios in the Sunshine Coast region
- Loyal, community-minded base of 500+ members
- Total annual revenue of 1.4M+
- Fully staffed with Pilates instructors, management, sales and admin team in place
- State-of-the-art reformers and professional-grade apparatus
- Well-presented, climate-controlled premises in high-amenity locations with convenient access and parking
- Flexible, tiered memberships and packages to suit different budgets and schedules
- App-based bookings and payments, with documented procedures and reporting
- Comprehensive handover and training provided by the current owner (scope negotiable)

With a respected brand, strong member community and streamlined

Price

Expressions of
Interest

Property
Type

Business

Property ID 3310

Agent Details

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multi-site operations, this is a genuine turnkey opportunity. Ideal for an investor or owner-operator, the business is set up for scale—offering clear pathways to grow via timetable optimisation, targeted local marketing, corporate wellness partnerships and expanded coaching programs.

Should you be interested and wish to receive further information, please complete the online Confidentiality Deed and a fully comprehensive Business Profile will be made available to you. To discuss this or other fitness and health opportunities, please contact Cameron Prosser on 0483 960 232 or cameron@bfbrokers.com.

Business & Franchise Brokers brings years of experience in the sale of Health and Fitness businesses and have represented a number of independent and major brands such as Jetts Fitness, ACTV Strength Co, Anytime Fitness, Snap Fitness, Plus Fitness, UBX, Air Locker Training, Fernwood Fitness, World Gym, Flow ST8; FS8 & F45 Training, KX Pilates, just to name a few, plus your independent 24/7 training venues, boxing studios, PT studios, swim centres and many more.

*NB: *The business images shown are for illustration purposes only and may not be an exact representation of the business.*

The above information provided has been furnished to us by the vendor/s. We have not verified whether or not that information is accurate and do not have any belief in one way or the other in its accuracy. We do not accept any responsibility to any person for its accuracy and do no more than pass it on. All interested parties should make and rely upon their own inquiries in order to determine whether or not this information is in fact accurate.